

The GRETNA Senior and Wellness Center

Upcoming Events



Hearing Screenings

Join us in welcoming Dina Z., with Hear Now, to the Gretna Senior and Wellness Center as she offers hearing screenings to seniors. Please register by Tuesday, October 17 for this service.

Wednesday, October 18

9:30am-12:30pm

**For more information or to register,
Please visit or call us at 504-301-3743.**

Line Dancing

Come let our instructor show you the moves to the Cupid Shuffle and the Electric Slide, just to name a few favorites.

Tuesdays, Wednesdays & Fridays

9:30am-10:30am

Fit 4 Ever

Join us as we have fun while combining Pilates, Yoga, and Tai Chi for the ultimate workout experience!

Mondays

10:35am-11:35am

3rd Annual Fall Festival

Join us at the Gretna Senior and Wellness Center for a day of fun, food, and crafts. This year's fest will include raffles, games, prizes, snowballs, and an art exhibit. Bring your friends and family to celebrate our 3rd anniversary and to raise money for our Center!

Friday, November 3

10:00am-3:00pm

The GRETNA Senior and Wellness Center is a joint effort between The Jefferson Council on Aging, the City of Gretna and Peoples Health.

