

The GRETNA Senior and Wellness Center

Upcoming Events



Health Fair

Please join us at the Gretna Senior and Wellness Center for our annual Health Fair, featuring over fifteen local vendors.

Flu shots, hearing screenings, vision screenings, and stroke risk assessments will also be available.

Thursday, September 27

9:00am-1:00pm

**For more information or to register,
Please visit or call us at 504-301-3743.**

Garden Walk

Join us at the Gretna Senior and Wellness Center for an early morning walk in our garden. What a great way to start the day!

Tuesdays and Thursdays

8:30am-9:30am

Beanbag Baseball

Join our Gretna Senior and Wellness Center Bean Bag Baseball team!

Tuesdays

1:00pm-2:00pm

Senior Fit and Fun

Join us in a class consisting of low-impact cardiovascular exercises designed to promote flexibility and balance.

Thursdays

10:00am-11:00am

The GRETNA Senior and Wellness Center is a joint effort between The Jefferson Council on Aging, the City of Gretna and Peoples Health.

