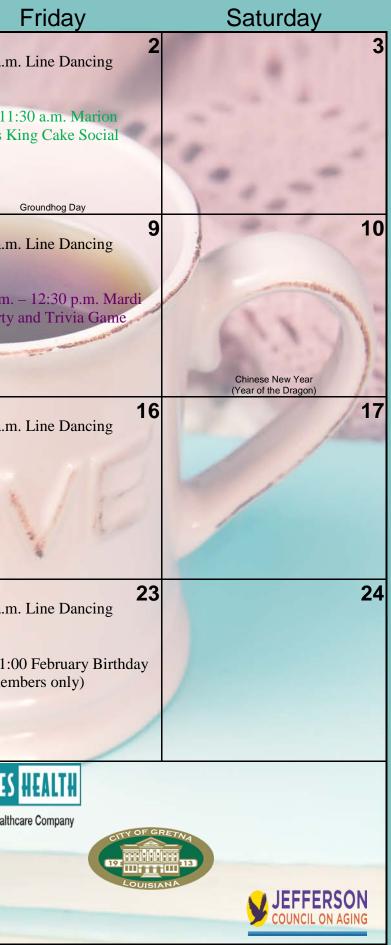
Sunday	Monday	Tuesday	Wednesday	Thursday	
F	ebrua	ry 202	24	10 – 11 a.m. Senior Fit & Fun 11– 11:30 a.m. Valentine's Day Votive Paper Craft	10 – 11a.n 11:00 – 11 Edwards K
Gretna Senior and Wellness Center					
LSU Nursing Students - returning weekly for blood	4 10 -11 a.m. Senior Dance 5	9:15 – 10:15 a.m. Senior Circuit	7 10 – 11a.m. Senior Aerobics & Mobility	8 10 – 11 a.m. Senior Fit & Fun	10 – 11a.n
pressure checks	Bag Baseball	10:30 – 11 :30 a.m. Bean Bag Baseball 10:30 – 12:00 "Hear Now" hearing tests.		11 – 11:30 a.m. Mardi Gras Mask Paper Craft	11:15 a.m. Gras Party
1.	1 12		14 10 – 11a.m. Senior Aerobics & Mobility	15 10 – 11 a.m. Senior Fit & Fun	10 – 11a.n
	CENTER CLOSED Lundi Gras	CENTER CLOSED Mardi Gras	Valentine's Day	11 – 11:30 a.m. Chair Volleyball	
18	8 10 -11 a.m. Senior Dance 19	20 9:15 – 10:15 a.m. Senior Circuit	21 10 – 11a.m. Senior Aerobics & Mobility	22 10 – 11 a.m. Senior Fit & Fun	10 – 11a.n
	11:15a.m. – 12:15 p.m. Bean Bag Baseball	10:30 – 11 :30 a.m. Bean Bag Baseball		11 – 11:30 a.m. Chair Volleyball	11:30 – 1: party (mer
	Presidents' Day	10:30 – 11:30 a.m. Southeast Legal Services (ProBono)			
2	5 10 -11 a.m. Senior Dance 26	27 9:15 – 10:15 a.m. Senior Circuit	28 10 – 11a.m. Senior Aerobics & Mobility	29 10 – 11 a.m. Senior Fit & Fun	A UnitedHealth
	11:15a.m. – 12:15 p.m. Bean Bag Baseball	10:30 – 11 :30 a.m. Bean Bag Baseball	- Aller	11 – 11:30 a.m. Chair Volleyball	
Gretna Senior a	and Wellness Center	476 Franklin Avenue,	Gretna I.A 700053	504-301-3743	



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