

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2024

Gretna Senior and Wellness Center

				<p>10 – 11 a.m. Senior Fit & Fun 1</p> <p>11– 11:30 a.m. Valentine’s Day Votive Paper Craft</p>	<p>10 – 11a.m. Line Dancing 2</p> <p>11:00 – 11:30 a.m. Marion Edwards King Cake Social</p> <p>Groundhog Day</p>	<p>3</p>
<p>4</p> <p>LSU Nursing Students - returning weekly for blood pressure checks</p>	<p>10 -11 a.m. Senior Dance 5</p> <p>11:15a.m. – 12:15 p.m. Bean Bag Baseball</p>	<p>9:15 – 10:15 a.m. Senior Circuit 6</p> <p>10:30 – 11 :30 a.m. Bean Bag Baseball</p> <p>10:30 – 12:00 “Hear Now” hearing tests.</p>	<p>10 – 11a.m. Senior Aerobics & Mobility 7</p>	<p>10 – 11 a.m. Senior Fit & Fun 8</p> <p>11 – 11:30 a.m. Mardi Gras Mask Paper Craft</p>	<p>10 – 11a.m. Line Dancing 9</p> <p>11:15 a.m. – 12:30 p.m. Mardi Gras Party and Trivia Game</p>	<p>10</p> <p>Chinese New Year (Year of the Dragon)</p>
<p>11</p>	<p>12</p> <p>CENTER CLOSED</p> <p>Lundi Gras</p>	<p>13</p> <p>CENTER CLOSED</p> <p>Mardi Gras</p> <p>Mardi Gras</p>	<p>10 – 11a.m. Senior Aerobics & Mobility 14</p> <p>Valentine’s Day</p>	<p>10 – 11 a.m. Senior Fit & Fun 15</p> <p>11 – 11:30 a.m. Chair Volleyball</p>	<p>10 – 11a.m. Line Dancing 16</p>	<p>17</p>
<p>18</p>	<p>10 -11 a.m. Senior Dance 19</p> <p>11:15a.m. – 12:15 p.m. Bean Bag Baseball</p> <p>Presidents’ Day</p>	<p>9:15 – 10:15 a.m. Senior Circuit 20</p> <p>10:30 – 11 :30 a.m. Bean Bag Baseball</p> <p>10:30 – 11:30 a.m. Southeast Legal Services (ProBono)</p>	<p>10 – 11a.m. Senior Aerobics & Mobility 21</p>	<p>10 – 11 a.m. Senior Fit & Fun 22</p> <p>11 – 11:30 a.m. Chair Volleyball</p>	<p>10 – 11a.m. Line Dancing 23</p> <p>11:30 – 1:00 February Birthday party (members only)</p>	<p>24</p>
<p>25</p>	<p>10 -11 a.m. Senior Dance 26</p> <p>11:15a.m. – 12:15 p.m. Bean Bag Baseball</p>	<p>9:15 – 10:15 a.m. Senior Circuit 27</p> <p>10:30 – 11 :30 a.m. Bean Bag Baseball</p>	<p>10 – 11a.m. Senior Aerobics & Mobility 28</p>	<p>10 – 11 a.m. Senior Fit & Fun 29</p> <p>11 – 11:30 a.m. Chair Volleyball</p>		