




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>Center Closed</p> <p>New Year's Day</p>	<p>9:15 – 10:15 a.m. Senior Circuit</p> <p>10:30 – 11 :30 a.m. Bean Bag Baseball</p> <p>10:30 – 12:00 “Hear Now” hearing tests</p>	<p>10 – 11a.m. Senior Aerobics & Mobility</p>	<p>9:15 – 10:15 a.m. Senior Fit & Fun</p> <p>10:30 – 11:15 a.m. Chair Volleyball</p>	<p>10 – 11a.m. Line Dancing</p>	
<p>10 -11 a.m. Senior Dance</p> <p>11:15a.m. – 12:15 p.m. Bean Bag Baseball</p>	<p>9:15 – 10:15 a.m. Senior Circuit</p> <p>10:30 – 11 :30 a.m. Bean Bag Baseball</p> <p>10:30 – 11:30 a.m. Southeast Legal Services (ProBono)</p>	<p>10 – 11a.m. Senior Aerobics & Mobility</p>	<p>9:15 – 10:15 a.m. Senior Fit & Fun</p> <p>10:30 – 11:30 a.m. Doggie Bag Paper Craft</p>	<p>10 – 11a.m. Line Dancing</p>		
	<p>Center Closed</p> <p>Martin Luther King Jr. Day</p>	<p>9:15 – 10:15 a.m. Senior Circuit</p> <p>10:30 – 11 :30 a.m. Bean Bag Baseball</p>	<p>10 – 11a.m. Senior Aerobics & Mobility</p>	<p>9:15 – 10:15 a.m. Senior Fit & Fun</p> <p>10:30 – 11:15 a.m. Chair Volleyball</p>	<p>10 – 11a.m. Line Dancing</p>	<p>9 a.m. - JCOA Annual Board Meeting – Chateau Country Club (Limit 20; transportation will be provided)</p>
<p>10 -11 a.m. Senior Dance</p> <p>11:15a.m. – 12:15 p.m. Bean Bag Baseball</p>	<p>9:15 – 10:15 a.m. Senior Circuit</p> <p>10:30 – 11 :30 a.m. Bean Bag Baseball</p>	<p>10 – 11a.m. Senior Aerobics & Mobility</p>	<p>9:15 – 10:15 a.m. Senior Fit & Fun</p> <p>10:30 – 11:30 a.m. Mardi Gras Hat Paper Craft</p>	<p>10 – 11a.m. Line Dancing</p> <p>11:30 – 1:00 January Birthday party (members only)</p>		
	<p>10 -11 a.m. Senior Dance</p> <p>11:15a.m. – 12:15 p.m. Bean Bag Baseball</p>	<p>9:15 – 10:15 a.m. Senior Circuit</p> <p>10:30 – 11 :30 a.m. Bean Bag Baseball</p>	<p>10 – 11a.m. Senior Aerobics & Mobility</p>	<p>January 2024</p> <p>Gretna Senior and Wellness Center</p>		