Sunday	Monday	Tuesday	Wednesday	Thursday
	State State		1 10 – 11 a.m. Senior Aerobics	10 - 11 a.m. Senior Fit & Fun $10 - 11$ a.m.
	ay 20	174	11 – 11:30 a.m. Chair Volleyball	11:15 – 12:15 p.m. Taco Truck 11:15 a.m. Paper Craft de Mayo p
TAT	ay 20		A REAL PROPERTY.	9:15 – 9:45 a.m. Pokeno
Gretna Senior and Wellness Center			May Day	
123	5 10 - 11 a.m. Zumba Gold 6	7 9:15 – 10:15 a.m. Senior Circuit	8	10 – 11 a.m. Senior Fit & Fun 9 10 – 11 a.
	11:15a.m. – 12:15 p.m. Bean Bag Baseball	10:30 – 11:30 a.m. Beanbag Baseball	11 – 11:30 a.m. Chair Volleyball	9:15 – 9:45 a.m. Pokeno
Cinco de Mayo		10:30 – 11:30 a.m. – Hear Now hearing testing	A STATE	
	12 10 -11 a.m. Zumba Gold	14 9:15 – 10:15 a.m. Senior Circuit	15 1 1 1 1 1 1 1 1 1 1	10 – 11 a.m. Senior Fit & Fun 10 – 11 a.
P-S-	11:15a.m. – 12:15 p.m. Bean Bag Baseball	10:30 – 11:30 a.m. Beanbag Baseball	11 – 11:30 a.m. Chair Volleyball	9:15 – 9:45 a.m. Pokeno
Mother's Day National Skilled Nursing Care Week		10:30 – 11:30 a.m. – Southeast Legal Services (ProBono)		PAR BUILT
The second se	19 10 - 11 a.m. Zumba Gold 20	21 9:15 – 10:15 a.m. Senior Circuit	22 10 – 11 a.m. Senior Aerobics	23 10 – 11 a.m. Senior Fit & Fun 10 – 11 a.u
	11:15a.m. – 12:15 p.m. Bean Bag Baseball	10:30 – 11 :30 a.m. Bean Bag Baseball	11 – 11:30 a.m. Chair Volleyball	11:15 – 12:15 p.m. Dainty Purse Favor Paper Craft
	Victoria Day (Canada)			9:15 – 9:45 a.m. Pokeno
	26 27	28 9:15 – 10:15 a.m. Senior Circuit	29 10 – 11 a.m. Senior Aerobics	30 10 – 11 a.m. Senior Fit & Fun 10 – 11 a.1
	CLOSED MEMORIAL DAY	10:30 – 11 :30 a.m. Bean Bag Baseball	11 – 11:30 a.m. Chair Volleyball	9:15 – 9:45 a.m. Pokeno 11:15 a.m. Birthday F
AND STAN	Memorial Day			
Gratna Sanior and	Wellness Center 4	76 Franklin Avenue. Gretna,	$1 \land 7 \land 0 \circ 0 \circ 3$	504-301-3743 p

Gretna Senior and Wellness Center

476 Franklin Avenue. Gretna, LA 700053



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