

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



November 2024

10 – 11am Line Dancing

1

2

Diwali (Hindu)

3

9 – 9:45am Cards & Games

10 – 11am Zumba Gold

11am – 12pm Beanbag Baseball

Daylight Saving Time Ends

4

9:15 – 10:15am Senior Circuit

10:30 – 11:30am Beanbag Baseball

10:30 – 11:30am Hear Now

5

9 – 10am Trolley to Grocery Store

10 – 11am Senior Fit & Fun

11am – 12pm Chair Volleyball

6

9 – 9:45am Pokeno

10 – 11am Senior Aerobics

11am – 12pm Paper Craft – Fall Lantern

7

9:30 – 10am Tandem Medical Research Memory Screenings

10 – 11am Line Dancing

8

9

10

Center Closed
Veterans Day

Veterans Day
Remembrance Day (Canada)

11

9:15 – 10:15am Senior Circuit

10:30 – 11:30am Beanbag Baseball

10:30 – 11:30am Pro Bono Southern Legal Service

12

10 – 11am Senior Fit & Fun

11am – 12pm Chair Volleyball

13

9 – 9:45am Pokeno

10 – 11am Senior Aerobics

14

10 – 11am Line Dancing

15

16



17

9 – 9:45am Cards & Games

10 – 11am Zumba Gold

11am – 12pm Beanbag Baseball

18

9:15 – 10:15 am Senior Circuit

10:30 – 11:30am Beanbag Baseball

19

9 – 10am Trolley to Grocery Store

10 – 11am Senior Fit & Fun

11am – 12pm Chair Volleyball

20

9 – 9:45am Pokeno

10 – 11am Senior Aerobics

11am – 12pm Paper Craft – Turkey Card

21

10 – 11am Line Dancing

11am – 12pm November Birthday Party (members only)

22

23



24

9 – 9:45am Cards & Games

10 – 11am Zumba Gold

11am – 12pm Beanbag Baseball

25

9:15 – 10:15am Senior Circuit

10:30 – 11:30am Beanbag Baseball

11:30am – 12:30pm Thanksgiving Luncheon

26

10 – 11am Senior Fit & Fun

11am – 12pm Chair Volleyball

27

Center Closed
Thanksgiving Day

Thanksgiving Day

28

Center Closed
Day After Thanksgiving

29

30

